



coal creek Meals on Wheels

Lafayette, Louisville, Erie & Superior

455 N. Burlington Avenue
Lafayette, CO 80026



"CCMOW gives me confidence that I'm taking care of myself by eating nourishing meals. I look forward to the doorbell ringing 5 days a week and I'm happy to see the volunteers."
- Delivery Client



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SEEDS OF CHANGE 2019 IMPACT REPORT

Seeds of Change

Greetings Donors, Sponsors and Volunteers,

As I write this from my socially distanced, isolated home office, it is hard for me to separate Coal Creek Meals on Wheels 2019 year from what we are facing now. Suffice it to say that Coal Creek Meals on Wheels (CCMOW) is strong and growing! We continue to step up to the challenges of safely providing nutritious meals to our neighbors during a global pandemic.

This report is meant to share the impact of CCMOW from last year when things were quite normal! And to thank all the donors, corporate sponsors, in-kind donors and the 224 volunteers who, without your commitment, we would be unable to provide the vital service we offer to our neighbors in Lafayette, Louisville, Superior and Erie.

In 2019, we welcomed Lark Rambo to her role of Executive Director. From day one she took on the management and planning for our 3rd Annual Luncheon Fundraiser which was a great success. Lark continues to lead the organization with professionalism and a drive for excellence. We also added Chef Ron McPhall to our staff who is busy with managing our kitchen and all the meal preparation operations.

As you'll see on the next pages, we served over 42,000 meals in 2019 to our clients. Your support makes it possible to ensure CCMOW clients receive a nutritious meal each day – allowing them to stay in their home, maintain their health, and enjoy a visit from a dedicated volunteer who delivers their meal. Thank you for your support!

With gratitude,
Mo Kanwischer



Lark Rambo
Executive Director



Mo Kanwischer
Board President

Mission Statement

Our mission is to provide daily nutritious meals and related support services to members of our community in need, helping them to live with dignity in their own homes.



It's a great service for my mother. I watch her enjoy eating and she talks about Meals on Wheels frequently! It's a HUGE HELP to me & our family: the meals, the variety, the people, the dairy free & low sodium options and compliance! You are amazing! Thank you!"
- Client's Daughter

2019 BOARD OF DIRECTORS

OFFICERS

Mo Kanwischer, President
Founder & President - Momentum Business Consulting

John Risi, Vice President
Founder & Principal - Iris Technologies

Marc Sisler, Treasurer
Owner - State Farm Agency

Gudrun Emrich, Secretary
Attorney - Gudrun Emrich Law Office

BOARD MEMBERS

Candie Fisher
Owner - Candie Fisher Recruiting

Steve Kinz
Retired from Emerson Automation Solutions

Dan Skeeters
Real Estate Investor - Cape Investments

Our Impact in 2019

540
Clients Served

42,113
Meals Served



694 
Project Homecoming Meals Served
to individuals returning home from the hospital

1,190 Pounds
of pet food delivered to clients through the **Plates for Pets** program



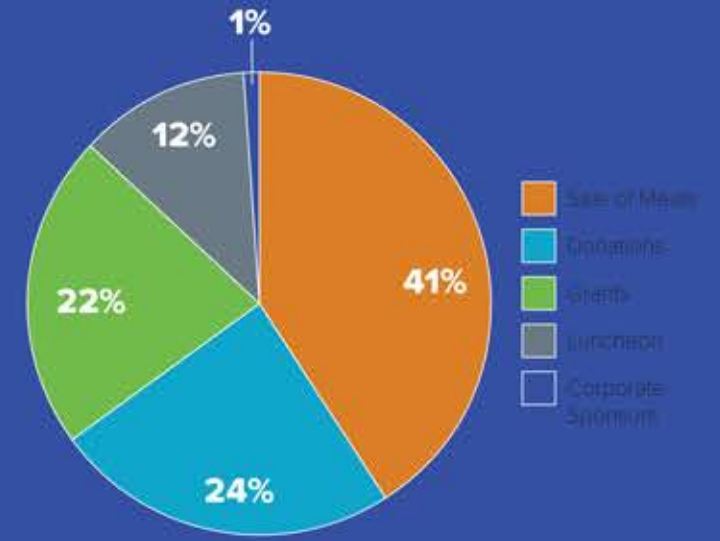
Volunteer Impact

224
Volunteers

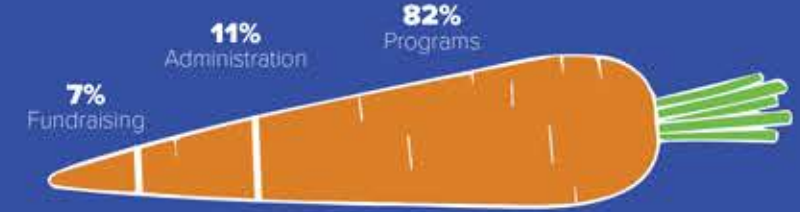
11,394
Volunteer Hours

\$289,749.42
Value of Volunteer Labor

SOURCE OF FUNDS

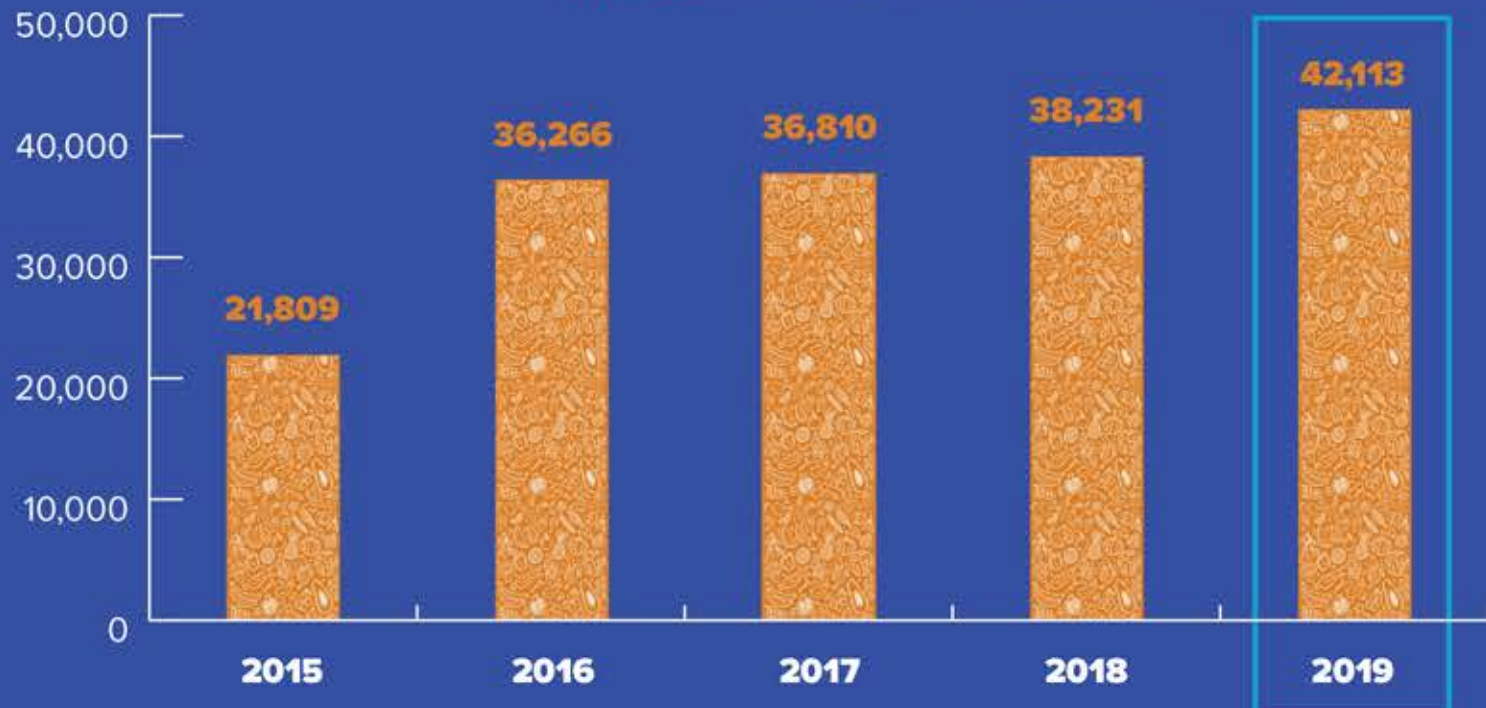


OPERATING EXPENSES



Meals Served

31,008 Meals Delivered to Homes
11,105 Meals Served at Josephine Commons



Our Incredible Supporters

SPONSORS

- American Legion Post III
- Anspach's Jewelry
- Blue Federal Credit Union
- Cairn Christian Church
- Christ the Servant Lutheran Church
- Christian Brothers Automotive
- Cynthia Sheeks, D.D.S.
- Discovery Church
- Eldorado Artesian Springs
- Encore Data Products
- FirstBank (Louisville)
- Front Range Eye Health Center, P.C.
- Growing Gardens
- Gudrun Emrich Law
- Heidi Wagner Photography
- High 5 Plumbing
- Iris Technologies
- Isabelle Farms
- J & K Roofing, Inc.
- Just Grins Dental Hygiene
- Kelmeg & Associates, Inc.
- King Soopers (Lafayette)
- Knights of Columbus #11851
- Lafayette Florist
- Legacy Automotive

Lionsgate Event Center

- Lucky's Market (North Boulder)
- Marc Sisler Ins & Fin Svs., INC (State Farm Agent)
- Melaleuca The Wellness Co.
- Mile High VFW Ladies Auxiliary
- Momentum Business Consulting
- PEARL iZUMi
- Randy Kneebone Excavating
- Stan's Automotive
- State Farm Companies Foundation
- The Albenberg Family
- The Bernardi Group
- Thrivent Financial
- Town of Erie
- Town of Superior
- Trail Ridge Consulting
- TVH Parts Co

GRANTORS

- A.V. Hunter Trust, Inc.
- Boulder County Commissioners
- Boulder Flatirons Rotary
- Callaway Guzzi Charitable Fund
- City of Lafayette
- City of Louisville

Collins Foundation

- Community Foundation of Boulder County
- Credit Union of Colorado Foundation
- EI Pomar Foundation
- Greater Kansas City Community Foundation
- Harris Foundation
- Lafayette Lions Club
- McIntyre Family Fund
- Next Fifty Initiative
- Rose Community Foundation
- Schlessman Family Foundation
- Schwab Foundation
- ShahNair Fund
- The April Fund
- The Denver Foundation (Comprecare Fund)
- The Richard M. Schulze Family Foundation
- Virginia W. Hill Foundation

Join us in supporting our neighbors in need

Make a tax deductible donation online or by mail.

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www.coalcreekmow.org/donate-now