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100% of CCMOW's Board of Directors contributed to CCMOW in 2021

Become a Monthly Harvest Supporter!

As a CCMOW Monthly Harvest Supporter, your prescheduled monthly gift will provide daily meals, check-ins, and related support services to our neighbors who need them the most. Be a seed of change, and help us grow our impact in the community! Become a Monthly Harvest Supporter online at coalcreekmow.org/donate-now

coal creek
Meals on Wheels
Lafayette, Louisville, Erie & Superior



2021

IMPACT

REPORT



The mission of Coal Creek Meals on Wheels is to provide daily nutritious meals and related support services to members of our community in need, helping them to live with dignity in their own homes. We serve the communities of Lafayette, Louisville, Superior and Erie.

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Hello Friends,

You may be wondering about the brightly colored, playful appearance of this year's impact report. As we were thinking back over the past year of activities and highlights all we could think about was the similarities to Hasbro's Game of Life. It felt like there was a new pandemic precaution to implement, or a community crisis that needed our attention at every turn in 2021.

Despite the obstacles we've encountered during this remarkably challenging chapter in global history, we also found that our sense of purpose, faith in mankind, and hope for the future has been revitalized. We are grateful for the members of the community who compassionately contributed their time, energy, resources, and funds in 2021, enabling us to serve more than 40,000 meals to hundreds of local residents when our services were needed the most.

Since 1972, every donation received from a donor and each moment of service shared by a CCMOW volunteer has helped nourish the minds, souls and bodies of neighbors who are at-risk of malnutrition and isolation, or are suffering from food insecurity. It is truly due to the collective support we receive from the community that CCMOW is still here today, gratefully thriving, and preparing to celebrate fifty years of service in 2022. Our work and the local need for our services are far from over as food insecurity continues to burden vulnerable residents living in Boulder County.

In 2022 we will begin a strategic planning process to help guide our efforts for the next five years. While it's still hard to predict what will unfold in 2022, we know we can count on the support of our dedicated volunteers, staff, and supporters to get us through any additional challenges that may arise.

Thank you for believing in our mission.

With gratitude,

Lark Rambo

Executive Director

Marc Sisler

CCMOW Board President



Stay connected with CCMOW on social media!
[@coalcreekmealsonwheels](https://coalcreekmealsonwheels.org)

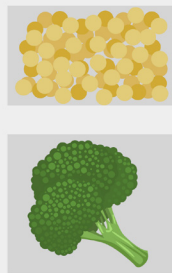
= A monthly Harvest Supporter



In 2021,
CCMOW served:

345
Meal
Delivery
Clients

41,079
Meals



This impact was made
possible thanks to...



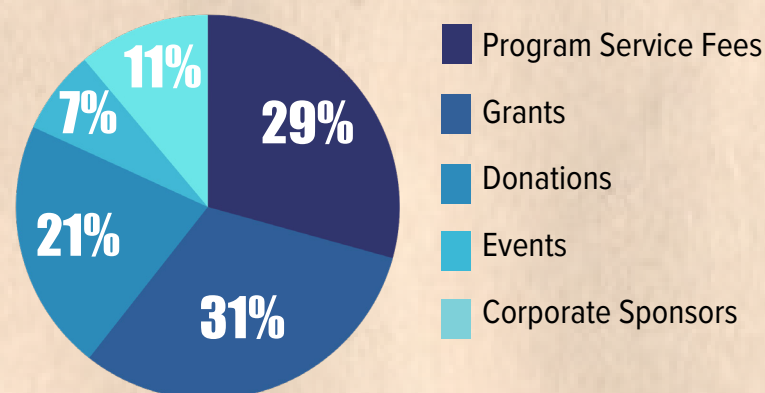
250 Volunteers

Who donated 11,941
Volunteer Hours



\$340,796 Value of
Volunteer Labor

Source of Funds



OUR 2021 IMPACT



PLAY OUR "DELIVERY DASH" SIMULATION GAME...

to get a taste of what it's like to serve meals to our neighbors in need!

The main priority of this role is to ensure that meals are delivered to our clients in a timely manner on a weekday basis. It is important to note that as a driver, you will become the eyes and ears of the community! We frequently provide referrals to other agencies in the county, and as a result our clients are more likely to stay safe and happy in their own homes.

1. Start by picking up (cut out) your insulated bag containing your hot, fresh meals, route sheet, gloves, and hand sanitizer!
2. Flip a coin to indicate how many spaces to move:
 - Heads = move 1 space forward
 - Tails = move 2 spaces forward

Knock on the door to say "Hi" to your client. If you notice anything unusual about the house or client when you arrive, please call the office (this might be a bad patch of ice on the sidewalk, an unlocked door with no one home, or the person is not there for the meal delivery and no cooler has been left outside).

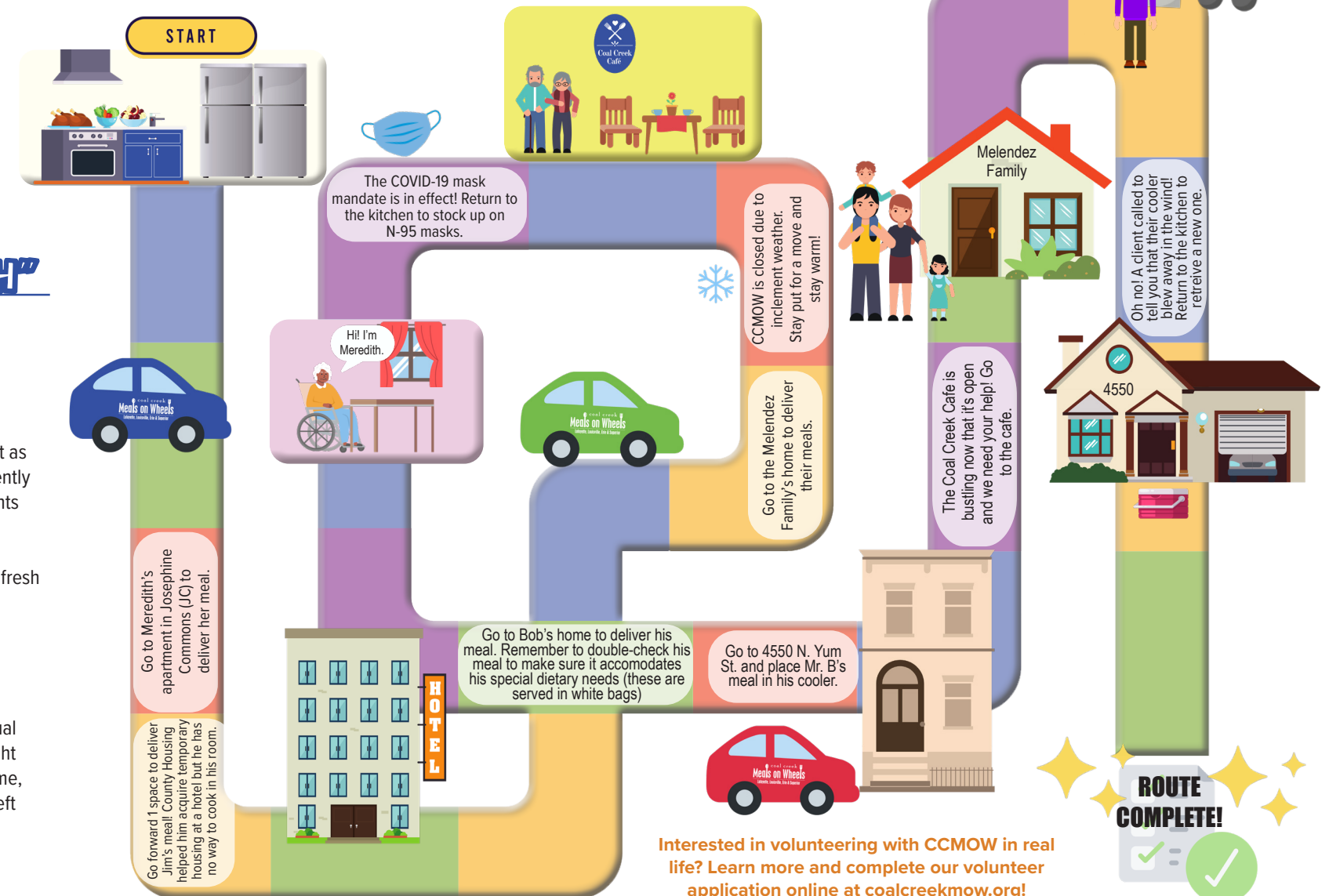
Thanks for being there for the neighbors who need us, good luck!



Each day of the week, a Coal Creek Meals on Wheels (CCMOW) volunteer knocks on MJ's front door exclaiming "Coal Creek Meals on Wheels!" then rings her doorbell to let her know that her meal has arrived. "The meals always come at the same time," says MJ, "my favorite meals are those with fish, which usually come on Fridays."

MJ Dilly has lived in her Erie home for 22 years and has been a CCMOW client since 2014. She first learned about CCMOW when her daughter, Pat Vero, was working at the Lafayette Chamber of Commerce and shared the organization's contact information with her. That's when MJ called CCMOW and started receiving home-delivered meals.

"Receiving meals gives me the opportunity to remain in my own home, which is extremely important to me as I have my independence and health because of this," says MJ.



Interested in volunteering with CCMOW in real life? Learn more and complete our volunteer application online at coalcreekmow.org!

"The volunteers are polite and efficient in bringing up my meals. I would like to thank all those who volunteer as they are gratefully appreciated. It makes me so happy that there are folks who care deeply for folks like myself. I feel like an important part of the community because of the volunteers' due diligence.

"Your service has been so valuable to me! I look forward to the delivery and enjoy the varied menu. CCMOW allows me to stay in my home and for that I am grateful. I also enjoy my extra goodie bags along with the handmade cards from school children. This just add more to my happiness to be a part of this community."

For clients like MJ, CCMOW's programs make all the difference. The benefits of a home-delivered meal play a key role in helping local residents lead the lives that they want to – comfortably and independently aging in place, and doing so with dignity. While our programs are focused on providing meals, CCMOW's compassionate and dedicated volunteers also serve as "eyes and ears in the community" by having frequent social interaction with clients. These unique and trusted relationships built over time equip CCMOW to identify and assess clients who are high-risk or have special needs.

This is just one way in which the impact of our meal delivery program reaches far beyond the scope of those we serve – as we are uniquely situated to support clients' loved ones and designated caretakers by monitoring clients' wellbeing, and collecting and reporting important client information.

Over the years, Pat has seen the significant impact that CCMOW's has had on her own mother's life. "My mom is more relaxed because she does not have to worry about cooking. Grocery shopping was becoming difficult. She is happier, healthy and living independently at home," says Pat.

"CCMOW gives me peace of mind knowing that my mom gets warm healthy food each day. She is vision impaired and unable to cook her own meals. She has a desire to remain living in her own home rather than to face other alternatives. This independence allows me to visit her whenever I can.

"My family would like to thank CCMOW for your wonderful service of providing meals to my mom. I also would like to thank the volunteers who arrive so selflessly each week bringing meals to her door. Your organization and professionalism is gratefully appreciated. We are so happy my Mom can remain in her home and that CCMOW frees our time to help her with other activities that involve taking care of her home and other needs."